

WHAT TO PLANT IN SPRING FOR AN EDIBLE GARDEN

LEAFY GREENS

LETTUCE, ROCKET, KALE, SPINACH

WHEN TO PLANT

September is an excellent time to plant rocket, lettuce, kale, and spinach as we transition into spring.

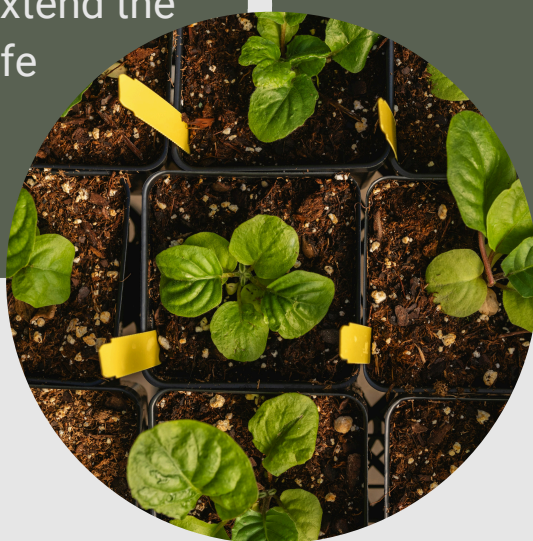
Consider planting them in a semi-shaded area to maximise your success and reduce the likelihood of your leafy greens bolting (flowering and setting seed prematurely).

This will help maintain cooler soil temperatures and extend the productive life of your greens.

WHEN TO HARVEST

For a continuous harvest, consider succession planting by sowing a new crop every fortnight.

This approach ensures a steady supply of fresh greens, as they will thrive and keep producing throughout the growing season.



HERBS

PARSLEY, BASIL, ROSEMARY, SAGE, MINT, THYME, LEMON GRASS, CHIVES, CORIANDER, OREGANO

WHEN TO PLANT

October is the perfect time to sow herb seeds, with most of your favourites flourishing during this season.

For optimal growth, plant basil specifically in October and November, as it thrives best during these months.

WHEN TO HARVEST

Many herbs will be ready for their first harvest in just 6-8 weeks and will continue to be produced abundantly throughout summer and into the following autumn.

Herbs such as rosemary, thyme, sage, and parsley are versatile and can be harvested year-round, offering fresh flavours whenever needed.



FRUIT TREES

LEMON, LIME, ORANGE

WHEN TO PLANT

Spring is an excellent time to plant citrus trees, as the warming soil provides an ideal environment for their growth.

Remember that while all fruit trees can be planted in winter, there are specific guidelines for different types.

Deciduous fruit trees, such as apples, pears, and plums, should be planted during the winter months.

Evergreen fruit trees, like lemons, limes, and oranges, can also be successfully planted in Spring and Summer.

WHEN TO HARVEST

Fruit trees are a long-term investment and require patience. It's important to remember that they typically take 3-5 years to establish and start bearing fruit.

While you may not enjoy a harvest this summer, with proper care, you can look forward to fruiting in the coming years.



FRUIT

PASSIONFRUIT, MELONS, BERRIES

WHEN TO PLANT

Passionfruit thrive when planted in spring, while watermelons, rockmelons, and cantaloupes are best sown in October.

Plant berries in late winter to early spring for optimal results, giving them a head start for a fruitful season.

WHEN TO HARVEST

Passionfruit is also a longer-term commitment, with the first fruit typically appearing 8-12 months after planting, so you can expect a harvest within the following year.

Melons, on the other hand, generally take about three months to mature and bear fruit.

For berries, you can enjoy a harvest from September to March, providing a fresh supply over several months.



VEGGIES

TOMATOES, CARROT, ZUCCHINI, CUCUMBER, LEEK, CHILLIES, BEANS, CAPSICUMS

WHEN TO PLANT

September is ideal for planting zucchini, cucumber, chillies, and beans as the warm soil supports their growth and early development.

October is perfect for tomatoes, carrots, and capsicums, allowing them to benefit from the warmer temperatures and longer growing season.

WHEN TO HARVEST

The peak harvest period typically runs from December to February. When planting from seedlings, many vegetables require about 14-16 weeks to mature.

However, if you start with established saplings, growth is significantly faster, leading to quicker yields.



TIPS

Here are our top tips to ensure your edible garden thrives:

- Compost!
- Remove weeds regularly, as they will compete with your plants to receive valuable nutrients.
- Use organic fertilisers (chat with your local nursery about the best fertiliser to use in your garden).
- Use non-chemical remedies to keep pests away (this is especially important as you will be eating the plants in your garden).
- Mulch – this will help to keep the moisture in.

Happy planting!

